Student Name:
Banner ID:
Advisor Name:
Date:

Catalog Year 2026-2027

University of New Mexico Taos

Certificate in Massage Therapy

The UNM-Taos Massage Therapy Certificate is a 650-hour vocational training program that combines theoretical instruction with hands-on practice in a holistic learning environment. Designed for individuals preparing to sit for the Massage and Bodywork Licensure Exam (MBLEx), which is required for entry-level employment in massage therapy, the program meets the minimum educational requirements to sit for the licensure exam. Accredited by the Higher Learning Commission and the National Certification Board for Therapeutic Massage and Body Work (NCBTMB), the curriculum meets established standards of quality and rigor and fulfills the educational requirements for licensure in the state of New Mexico (NMAC 16.7.4.12). Successful completion of the program does not guarantee licensure or employment, as additional steps may be required by state boards or professional organizations, and licensure requirements vary by state. Students are responsible for researching and understanding the specific licensure or certification requirements applicable in their jurisdiction.

The Massage Therapy faculty are dedicated to guiding students through the licensure process which includes:

- Successful completion of the 650-hour IMT Certificate Program
- Application and passing of the national Massage and Bodywork Licensure Exam (MBLEx)
- Application and submission of required documentation to the New Mexico State Massage Therapy Board for licensure.

Formal application and acceptance into the program are required before enrolling in classes with a MASS prefix.

Admissions Requirements

Formal application and acceptance into the program is required before enrolling in any class with a MASS prefix.

UNM-Taos reserves the right to make changes as needed. *Students should consult with an advisor prior to enrollment.*

Core Requirements – 36 credit hours

Course	Course Title	Credits	Grade	Semester
MASS 2250	Massage Therapy I	5		
MASS 2251	Massage Therapy II	4		
MASS 2252	Massage Therapy III	3		
MASS 2253	Deep Tissue Techniques in Massage Therapy I	3		
MASS 2255	Massage Clinic	6		
MASS 2259	Exercise Physiology	3		
MASS 2260	Professional Ethics for Massage Therapy	3		
MASS 2280	Massage Anatomy and Physiology	3		
MASS 2254	Myofascial and Myoskeletal Techniques in Massage Therapy	3		
MASS 2270 or MASS 2258	Eastern Modalities – Shiatsu **or** Eastern Modalities – Thai Massage	3		

Electives – 8 credit hours from HHHA, MAS, or NUTR

Course	Course Title	Credits	Grade	Semester

GRAND TOTAL CREDITS: 44