



**University of New Mexico-Taos
Certificate of Structural Integration**

Structural Integration (SI) is an advanced form of bodywork and somatic therapy that works with the fascial connective tissues in relationship to gravity. SI was developed by Dr. Ida Pauline Rolf in the 1940's. The program is geared toward current Licensed Massage Therapists as well as instructors of body-centered therapies like Pilates, Feldenkrais and Yoga Instructors. The 510 contact hours of training will meet the International Association of Structural Integration (IASI) requirements for training in the SI Series work. In order to meet training standards in Anatomy, Physiology and Ethics, enrollees may take classes offered through the Medical Massage program or by other similar programs.

Applicants may apply directly to the UNM-Taos Structural Integration Program at <http://taos.unm.edu/home/integrative-health-and-medical-massage/> under the link for the SI program.

Areas of Focus

34 credit hours

Structural Integration (STIN) 200 - Structural Integration Principles I
 Structural Integration (STIN) 201 – Structural Integration Principles II
 Structural Integration (STIN) 210 – Integration and Practice Session I
 Structural Integration (STIN) 220 – Integration and Practice Session II
 Structural Integration (STIN) 230 – Integration and Practice Session III
 Structural Integration (STIN) 202 – Structural Integration Principles III
 Structural Integration (STIN) 240 – Integration and Practice Session IV
 Structural Integration (STIN) 250 – Integration and Practice Session V
 Structural Integration (STIN) 203 – Structural Integration Principles IV
 Structural Integration (STIN) 260 – Integration and Practice Session VI
 Structural Integration (STIN) 270 – Integration and Practice Session VII
 Structural Integration (STIN) 280 – Integration and Practice Session VIII
 Structural Integration (STIN) 290 – Integration and Practice Session IX
 Structural Integration (STIN) 204 – Structural Integration Principles V

TOTAL CREDIT HOURS REQUIRED: 34