

Certificate in Integrative Massage Therapy Program
Holistic Health & Human starting Spring 2009 Services, UNM-Taos
Program Coordinator: Kirstie Segarra, MA, LMT, RMTI

650 Hour Program

The 650 Certificate in Integrative Massage Therapy is designed for individuals who would like to sit for the state licensure exam which is required for entry-level employment in massage therapy. The 650 hour program meets the minimum requirements to sit for the licensure exam. Formal application and acceptance into the program is required before enrolling in class with a MAS prefix.

Program Requirements (Totaling 38 credits)

Course Number	Required Courses
BIOL 237	H 3 credits (45 contact hours)
BIOL 247L	Human Anatomy & Physiology Lab I 1 credit (15 contact hours)
BIOL 238	Human Anatomy & Physiology II Health Sciences 3 credits (45 contact hours)
BIOL 248L	Human Anatomy & Physiology Lab II 1 credit (15 contact hours)
MAS 259	Exercise Physiology 3 credits (45 contact hours)
HHHA 106	Introduction to Massage 3 credits (Required)
MAS 250	Massage Therapy I 3 credits (Required)
MAS 251	Massage Therapy II 3 credits (Required)
MAS 252	Massage Therapy III 3 credits (Required)
MAS 260	Cultural Diversity Competency & Cross Cultural Ethical Issues 3 credits (Required)
MAS 253	Deep Tissue Techniques in Massage Therapy I 3 credits (Required)
MAS 255	Clinical Practicum in Massage Therapy 6 credits (Required)
HHHA 116	Oriental Medicine: An Introduction 3 credits (Required)

Electives

Required courses outlined above totaling 38 credits/570 contact hours. A remaining 6 credits/ 80 contact hours is needed to complete certification and any of the following electives may be chosen to obtain 650 hour certification. Student will need to take 2 classes from list below totaling 6 credits.

Course Number	Course Title
MAS 254	Myofascial and Myoskeletal Techniques in Massage Therapy 3 credits
MAS 256	Healing Touch and Awareness (Touch & Traditional Healing) 3 credits
MAS 257	Balinese Traditional Massage 1-3 credits
MAS 258	Thai Massage 1- 3 credits
HHHA 104	Hatha Yoga 3 credits
HHHA 101	Introduction to Healing Arts 3 credits
HHHA 115	Ayurveda: The Science and the Arts of Life and Longevity 3 credits
HHHA 102	Meditation, Consciousness and Self-Healing 3 credits
HHHA 103	Kundalini Yoga 3 credits
HHHA 105	Tai Ji and Qi Gong 3 credits
NUTR 120	Nutrition for Health 3 Credits
HHHA 130	Emotional Healing 3 Credits
MAS Topics 293	.5 to 3 credits
HHHA Topics 293	Credits

Total Credits = 44 credits