



University of New Mexico Taos
Certificate in Integrative Massage Therapy

The Certificate in Integrative Massage Therapy is designed for individuals who would like to sit for the state licensure exam which is required for entry-level employment in massage therapy. The 650 hour program meets the minimum requirements to sit for the licensure exam. Formal application and acceptance into the program is required before enrolling in class with a MAS prefix. **UNM-Taos reserves the right to make necessary changes as needed.** *Students should consult with an advisor prior to enrollment.*

Required Courses

36 credit hours

Massage Therapy (MAS) 280 Massage Anatomy and
 Massage Therapy (MAS) 254 Myofascial and Myoskeletal Techniques in Massage Therapy

Holistic Health and Healing Arts (HHHA) 106 Introduction to Massage
 Massage Therapy (MAS) 250 Massage Therapy I
 Massage Therapy (MAS) 251 Massage Therapy II
 Massage Therapy (MAS) 252 Massage Therapy III
 Massage Therapy (MAS) 253 Deep Tissue Techniques in Massage Therapy I
 Massage Therapy (MAS) 255 Clinical Practicum in Massage Therapy
 Massage Therapy (MAS) 255L Clinical Practicum in Massage Therapy Lab
 Massage Therapy (MAS) 259 Exercise Physiology
 Massage Therapy (MAS) 260 Cultural Diversity and Cross Cultural Ethics

You can choose one or both of the following (at least one must be taken to fulfill requirements):

Holistic Health and Healing Arts (HHHA) 116 Oriental Medicine: An Introduction
 Massage Therapy (MAS) 270 Oriental Medicine: Hands On Techniques

Electives

8 credit hours

Choose eight (8) credit hours from)the following:

Holistic Health and Healing Arts (HHHA)101 Intro to Healing Arts
 Holistic Health and Healing Arts (HHHA)102 Meditation, Conscience and Self-Healing
 Holistic Health and Healing Arts (HHHA)103 Kundalini Yoga
 Holistic Health and Healing Arts (HHHA) 104 Hatha Yoga
 Holistic Health and Healing Arts (HHHA)105 Tai Chi
 Holistic Health and Healing Arts (HHHA) 118 Ayurveda
 Holistic Health and Healing Arts (HHHA) 293 Various Topics

Electives (continued)

Massage Therapy (MAS) 257 Balinese Traditional Massage
Massage Therapy (MAS) 258 Traditional Thai Massage
Massage Therapy (MAS) 261 Cranial Sacral II
Massage Therapy (MAS) 262 Yoga and Anatomy Trains
Massage Therapy (MAS) 263 Yoga and Psychology of Chakras
Massage Therapy (MAS) 264 Yoga and the Myofacial Body
Massage Therapy (MAS) 265 Cranial Sacral I
Massage Therapy (MAS) 293 Various Topics
Nutrition (NUTR) 120 Nutrition for Health

TOTAL CREDIT HOURS REQUIRED 44



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NAME: _____ **BANNER ID:** _____ **PROGRAM ENTRY DATE:** ____/____/____

Required Courses – 36 credit hours

MAS 280	Massage Anatomy & Physiology	3		
MAS 254	Myofascial and Myoskeletal Techniques in Massage Therapy	3		
HHHA 106	Introduction to Massage	3		
MAS 250	Massage Therapy I	3		
MAS 251	Massage Therapy II	3		
MAS 252	Massage Therapy III	3		
MAS 253	Deep Tissue Techniques in Massage Therapy I	3		
MAS 255	Clinical Practicum in Massage Therapy	3		
MAS 255L	Clinical Practicum in Massage Therapy Lab	3		
MAS 259	Exercise Physiology	3		
MAS 260	Cultural Diversity and Cross Cultural Ethics	3		
HHHA 116 or MAS 270		3		

Electives – 8 credit hours

TOTAL CREDIT HOURS 44