

**Book List for Required Courses 2015
INTEGRATIVE MASSAGE THERAPY**

Course	Book
BIOL136 Massage Anatomy and Physiology (3)	Anatomy and Physiology for the Manual Therapies by Andrew J.Kuntzman / Gerard J. Tortora ISBN 978-0-470-04496-4
HHHA 106 Introduction to Massage 3	Beck, Mark F., Massage Basics: A Guide to Swedish, Shiatsu, and Reflexology Techniques, Delmar Publishing. ISBN 0-7668-3760-2
HHHA 116 Oriental Medicine: An Intro 3 or	Connelly, Dianne M. Traditional Acupuncture: The Law of the Five Elements ISBN-10:0912381035
MAS270 Oriental Medicine: Hands-On Techniques 3	Do-It-Yourself-Shiatsu, by Ohasi ISBN: 0-14-019632-3
MAS 250 Massage Therapy I 3	Beck, Mark F., <u>Theory and Practice of Therapeutic Massage</u> , Delmar Publishing. ISBN 10-1-4018-8030-4 and <u>Trail Guide to the Body</u> , by Andrew Biel ISBN 978-0-9658534-5-3
MAS 251 Massage Therapy II 3	Same as Massage I
MAS 252 Massage Therapy III 3	MBLEX Testing Guide of your choice
MAS 253 Deep Tissue Tech. in Mass. Therapy I 3	ROLFING by Ida P. Rolf ISBN 0-89281-335-0
MAS 255 Clinical Practicum in Massage Therapy 6	None
MAS 259 Exercise Physiology 3	Manual of Structural Kinesiology by R.T. Floyd ISBN 978-0-07-

	302873-8 Physiology of Sport and Exercise Jack H. Wilmore ISBN-13: 978-0-7360-5583-3
MAS 260 Cultural Diversity and Cross Cultural Ethics 3	Eastern Body Western Mind by Anodea Judith
MAS 254 Myofascial and Myoskeletal Techniques in Massage Therapy 3	Fascial Release for Structural Balance by James Earl & Thomas Myers