

**Academic Annual Calendar
Integrative Massage Therapy
Program
Holistic Health & Healing Arts
UNM-Taos
650 & 1000 Hour Certificate**

Fall Semester
August thru December
16 Weeks
All courses 3 credits
(45 contact hours)

Spring Semester
January thru May
16 Weeks
All courses 3 credits
(45 contact hours)

Summer Semester
June thru July
8 Weeks
All courses 3 credits
(45 contact hours)

Required Courses

Introduction to Massage
Massage Therapy I & II
Human Anatomy and Physiology I & Lab
Cultural Diversity Competency & Cross Cultural Ethical Issues

Electives

CEU Weekend Courses (Thai, Balinese, Yoga Therapy, Advanced Oriental)
Tai Ji and Qi Gong
Ayurveda
Hatha Yoga
Introduction to Healing Arts

Required Courses

Introduction to Massage
Massage Therapy I&II
Human Anatomy and Physiology II & Lab
Exercise Physiology
Deep Tissue Techniques In Massage Therapy
Oriental Medicine

Electives

CEU Weekend Courses (Hot Rocks, Reflexology, Yoga Therapy, Cranial Sacral)
Tai Ji and Qi Gong
Kundalini Yoga
Meditation
Consciousness and Self Healing
Nutrition
Herbology
Holistic

Required Courses

Massage Therapy III
Clinical Practicum (6 credits)
Myofascial and Myoskeletal Techniques in Massage Therapy

Electives

CEU Weekend Courses (Meditation, Yoga Therapy, Ethics & First Aid)
Traditional Healing & Touch
Herbology