

Current Program 2013

CERTIFICATE IN INTEGRATIVE MASSAGE THERAPY

The Certificate in Integrative Massage Therapy is designed for individuals who would like to sit for the state licensure exam which is required for entry-level employment in massage therapy. The 650 hour program meets the minimum requirements to sit for the licensure exam. Formal application and acceptance into the program is required before enrolling in class with a MAS prefix. There is a \$1,000 Program Fee in addition to tuition and books.

Required Courses 38 Credit Hours

Two Tracks in Anatomy and Physiology (Choose One)

BIO 136 Massage Anatomy and Physiology (3) and MAS 254 Myofascial and Myoskeletal Techniques in Massage Therapy 3 with an additional 2 credits in MAS electives

Or;

BIOL: 237 Human Anatomy and Physiology I and BIOL 247L Lab 4

BIOL 238 Human Anatomy and Physiology II and BIOL 248L Lab 4

Other Program Requirements

HHHA 106 Introduction to Massage 3

HHHA 116 Oriental Medicine: An Intro 3 or

MAS 270 Oriental Medicine: Hands-On Techniques 3

MAS 250 Massage Therapy I 3

MAS 251 Massage Therapy II 3

MAS 252 Massage Therapy III 3

MAS 253 Deep Tissue Tech. in Mass. Therapy I 3

MAS 255 Clinical Practicum in Massage Therapy 6

MAS 259 Exercise Physiology 3

MAS 260 Cultural Diversity and Cross Cultural Ethics 3

Electives 6-8 Credit Hours

HHHA 101 Intro to Healing Art 3

HHHA 102 Med. Conscience and Self Healing 3

HHHA 103 Kundalini Yoga 3

HHHA 104 Hatha Yoga 3

HHHA 105 Tai Chi 3

HHHA 115 Ayurveda 3

HHHA 130 Emotional Healing 3

HHHA 293 Various Topics 3

MAS 254 Myofascial and Myoskeletal Techniques in Massage Therapy 3

MAS 256 Healing Touch and Awareness 3

MAS 257 Balinese Traditional Massage 3

MAS 258 Traditional Thai Massage 3

MAS 293 Various Topics 3

NUTR 120 Nutrition for Health 3

MAS 265 Cranial Sacral I 1

MAS 261 Cranial Sacral II 1

MAS 262 Yoga & Anatomy Trains 3

MAS 263 Yoga & Psychology of Chakras 3

MAS 264 Yoga & the Myofascial Body 3

HHHA143 Svastha Yoga (Yogya Therapy) 3

HHHA142 Yoga Therapy I 1

HHHA144 Yoga Therapy II 1

TOTAL CREDIT HOURS REQUIRED 44

