

**Academic Annual Calendar  
Integrative Massage Therapy  
Program  
Holistic Health & Healing Arts  
UNM-Taos  
650 & 1000 Hour Certificate**

**Fall Semester**  
August thru December  
16 Weeks  
All courses 3 credits  
(45 contact hours)

**Required Courses**

- Introduction to Massage
- Massage Therapy I & II
- Human Anatomy and Physiology I & Lab
- Cultural Diversity Competency & Cross Cultural Ethical Issues
- Oriental Medicine
- Herbology

**Electives**

- Thai
- Balinese
- Cranial Sacral II
- Tai Ji and Qi Gong
- Ayurveda
- Hatha Yoga
- Myofascial Yoga
- Yoga Therapy
- Introduction to Healing Arts
- Advanced Techniques: Knee

**Spring Semester**  
January thru May  
16 Weeks  
All courses 3 credits  
(45 contact hours)

**Required Courses**

- Introduction to Massage
- Massage Therapy I&II
- Human Anatomy and Physiology II & Lab
- Exercise Physiology
- Deep Tissue Techniques In Massage Therapy
- Advanced Hands-On Techniques in Oriental Medicine

**Electives**

- Hot Rocks,
- Yoga Therapy II & III
- Cranial Sacral I
- Myofascial Yoga
- Kundalini Yoga
- Meditation
- Nutrition
- Prenatal Massage
- Ayurveda Cooking
- Thai Intensives
- Reiki I & II
- Advanced Techniques: Shoulder

**Summer Semester**  
June thru July  
8 Weeks  
All courses 3 credits  
(45 contact hours)

**Required Courses**

- Massage Therapy III
- Clinical Practicum (6 credits)

**Electives**

- Myofascial & Myoskeletal
- Herbology: Wildcrafting