



University of New Mexico-Taos Certificate in Massage Therapy

The UNM-Taos Massage Therapy Certificate program is a vocational training program which combines theoretical teaching and practical experience and is a holistic program designed for individuals who would like to sit for the state licensure exam (Massage and Bodywork Licensure Exam – MBLE_x) which is required for entry-level employment in massage therapy. The 650-hour program meets the minimum requirements to sit for the licensure exam.

The Massage Therapy faculty are dedicated to guiding students through the licensure process which includes:

- Successful completion of the 650-hour IMT Certificate Program
- Application and passing of the national Massage and Bodywork Licensure Exam (MBLE_x)
- Application and submission of required documentation to the New Mexico State Massage Therapy Board for licensure.

Formal application and acceptance into the program is required before enrolling in classes with a MAS prefix.

UNM-Taos reserves the right to make necessary changes as needed. *Students should consult with an advisor prior to enrollment.*

Required Courses

36 credit hours

Massage Therapy (MAS) 250 Massage Therapy I (5)
 Massage Therapy (MAS) 251 Massage Therapy II (4)
 Massage Therapy (MAS) 252 Massage Therapy III (3)
 Massage Therapy (MAS) 253 Deep Tissue Techniques in Massage Therapy I (3)
 Massage Therapy (MAS) 254 Myofascial and Myoskeletal Techniques in Massage Therapy (3)
 Massage Therapy (MAS) 255 Clinical Practicum in Massage Therapy (6)
 Massage Therapy (MAS) 259 Exercise Physiology (3)
 Massage Therapy (MAS) 260 Cultural Diversity and Cross Cultural Ethics (3)
 Massage Therapy (MAS) 280 Massage Anatomy (3)

You can choose one or both of the following (at least one must be taken to fulfill requirements):

Holistic Health and Healing Arts (HHHA) 116 Oriental Medicine: An Introduction (3)
 Massage Therapy (MAS) 270 Oriental Medicine: Hands On Techniques (3)

Electives**8 credit hours***Choose eight (8) credit hours from the following:*

Holistic Health and Healing Arts (HHHA)101 Intro to Healing Arts
Holistic Health and Healing Arts (HHHA)102 Meditation, Conscience and Self-Healing
Holistic Health and Healing Arts (HHHA)103 Kundalini Yoga
Holistic Health and Healing Arts (HHHA) 104 Hatha Yoga
Holistic Health and Healing Arts (HHHA)105 Tai Chi
Holistic Health and Healing Arts (HHHA) 118 Ayurveda
Holistic Health and Healing Arts (HHHA) 262 Yoga and Anatomy Trains
Holistic Health and Healing Arts (HHHA) 263 Yoga and Psychology of Chakras
Holistic Health and Healing Arts (HHHA) 293 Various Topics
Massage Therapy (MAS) 257 Balinese Traditional Massage
Massage Therapy (MAS) 258 Traditional Thai Massage
Massage Therapy (MAS) 261 Cranial Sacral II
Massage Therapy (MAS) 264 Yoga and the Myofascial Body
Massage Therapy (MAS) 265 Cranial Sacral I
Massage Therapy (MAS) 293 Various Topics
Nutrition (NUTR) 1110 Nutrition for Health

TOTAL CREDIT HOURS REQUIRED: 44