Catalog Year 2022-2023 Effective: Fall 2020

## **NEXT AVAILABLE FALL 2024**



## **University of New Mexico-Taos Certificate of Structural Integration**

Structural Integration (SI) is an advanced form of bodywork and somatic therapy that works with the fascial connective tissues in relationship to gravity. SI was developed by Dr. Ida Pauline Rolf in the 1940's. The program is geared toward current Licensed Massage Therapists as well as instructors of body-centered therapies like Pilates, Feldenkrais and Yoga Instructors. The 510 contact hours of training will meet the International Association of Structural Integration (IASI) requirements for training in the SI Series work. In order to meet training standards in Anatomy, Physiology and Ethics, enrollees may take classes offered through the Medical Massage program or by other similar programs.

Applicants may apply directly to the UNM-Taos Structural Integration Program through the Structural Integration Program website. <a href="https://taos.unm.edu/academics/departments/depts/health-sciences/hhha/structural-integration.html">https://taos.unm.edu/academics/departments/depts/health-sciences/hhha/structural-integration.html</a>

Required Courses	34 credit hours
Structural Integration (STIN) 200 Structural Integration Principles I	
Structural Integration (STIN) 201 Structural Integration Principles II	
Structural Integration (STIN) 210 Integration and Practice Session I	
Structural Integration (STIN) 220 Integration and Practice Session II	
Structural Integration (STIN) 230 Integration and Practice Session III	
Structural Integration (STIN) 202 Structural Integration Principles III	
Structural Integration (STIN) 240 Integration and Practice Session IV	
Structural Integration (STIN) 250 Integration and Practice Session V	
Structural Integration (STIN) 203 Structural Integration Principles IV	
Structural Integration (STIN) 260 Integration and Practice Session VI	
Structural Integration (STIN) 270 Integration and Practice Session VII	
Structural Integration (STIN) 280 Integration and Practice Session VIII	
Structural Integration (STIN) 290 Integration and Practice Session IX	
Structural Integration (STIN) 204 Structural Integration Principles V	

**TOTAL CREDIT HOURS REQUIRED: 34**