36 credit hours



University of New Mexico-Taos Certificate in Massage Therapy

The UNM-Taos Massage Therapy Certificate program is a vocational training program which combines theoretical teaching and practical experience and is a holistic program designed for individuals who would like to sit for the state licensure exam (Massage and Bodywork Licensure Exam – MBLEx) which is required for entry-level employment in massage therapy. The 650-hour program meets the minimum requirements to sit for the licensure exam.

The Massage Therapy faculty are dedicated to guiding students through the licensure process which includes:

- Successful completion of the 650-hour IMT Certificate Program
- Application and passing of the national Massage and Bodywork Licensure Exam (MBLEx)
- Application and submission of required documentation to the New Mexico State Massage Therapy Board for licensure.

Formal application and acceptance into the program is required before enrolling in classes with a MAS prefix.

UNM-Taos reserves the right to make necessary changes as needed. *Students should consult with an advisor prior to enrollment.*

Required Courses

Massage Therapy (*MAS*) 250 Massage Therapy I (5) Massage Therapy (*MAS*) 251 Massage Therapy II (4) Massage Therapy (*MAS*) 252 Massage Therapy III (3) Massage Therapy (*MAS*) 253 Deep Tissue Techniques in Massage Therapy I (3) Massage Therapy (*MAS*) 254 Myofascial and Myoskeletal Techniques in Massage Therapy (3) Massage Therapy (*MAS*) 255 Clinical Practicum in Massage Therapy (6) Massage Therapy (*MAS*) 259 Exercise Physiology (3) Massage Therapy (*MAS*) 260 Cultural Diversity and Cross Cultural Ethics (3) Massage Therapy (*MAS*) 280 Massage Anatomy (3)

You can choose one or both of the following (at least one must be taken to fulfill requirements): Holistic Health and Healing Arts (*HHHA*) 116 Oriental Medicine: An Introduction (3) Massage Therapy (*MAS*) 270 Oriental Medicine: Hands On Techniques (3)

TOTAL CREDIT HOURS REQUIRED: 36